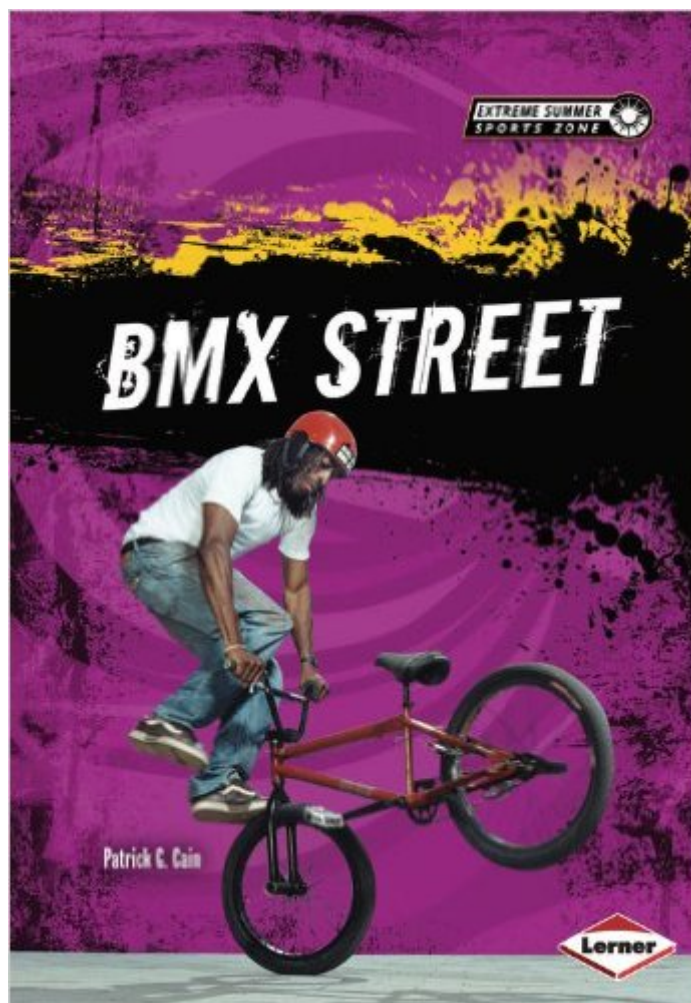


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# Bmx Street (Extreme Summer Sports Zone)



## Synopsis

Did you know that BMX street riders do awesome tricks using objects you might see in a city park? These daring athletes slide down handrails with their grinds. They bunny hop up curbs and onto benches. They twist their bikes all the way around in 360 spins. Enter the Extreme Summer Sports Zone to learn about the history, gear, moves, competitions, and top athletes connected to BMX street. You'll discover: How BMX street got its start in dirt biking. How the pros pull off some of their coolest moves. How to stay safe when doing BMX street tricks. Where to go to watch the best BMX street riders face off. Are you into sports? Then get in the zone!

## Book Information

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Age Range: 9 - 12 years

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## Customer Reviews

BMX street riding is a hot, popular sport, but it isn't a new one. Vert riders are riders who use straight up and down surfaces like half pipes. These are giant ramps that are flat in the middle and usually have a vertical rise on either side. Craig Grasso is the guy who's widely recognized as the one who "paved the way for a new style of BMX: street riding." He's not your ordinary bike rider by any means. In 1987 he competed in the 2HIP King of Vert competition and rode in the nude. No, that wasn't what he usually does, but that was just something that showed the world that street riders are rebellious and signaled that street riding was on its way. Unlike vert riders, street riders "do smaller tricks that can be performed off everyday objects." It wasn't until the 1990s that the sport took off, but when it did street riding got a lot of notice. Street riders can make their performances

look easy, "but tricks take a lot of practice." Riders have become famous through sponsored competitions such as ESPN's X Games, but also through their own videos. If you've checked out BMX street riders on YouTube you've probably seen some rad riders. Some of them make jumping over fire hydrants look like child's play. Way back in the 1960s kids were riding on dirt courses meant for motorcycles. This sport became known as bicycle motocross or BMX. It wasn't long before some "were taking their bikes off the dirt courses and into empty swimming pools and skate parks." By the 1980s freestyle events featured stunt riders instead of races. The bikes, which took a beating, needed to be redesigned to withstand the impact. By 1983 vert ramps were in use and "in 1984 Ron Wilkerson successfully completed the first no-footed aerial." BMX street began to soar.

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